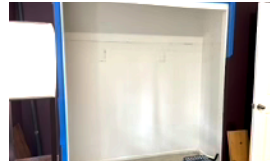




**ADMINISTRATIVE
TASKS**



MAKING MESSES



CUPCAKE MAKING



WHAT'S NEXT

ADMINISTRATIVE TASKS

To those who love checklists, this one is for you!

This quarter, amongst finishing up the last few pages of the book, I have also been working on more administrative tasks. I've had phone calls to make and have visited a variety of businesses. Most people I have spoken to have been very kind and encouraging. Many emotions have been felt, from excitement, anxiety, fear, and wonder. To be honest, sometimes I do not have the courage to make phone calls or visit one more place. Growing as an artist was part of this project, but I am also growing as a person. Facing a fear is no easy task! That saying, thank you to all of you for listening and your encouraging words that give me that extra push to keep trying!



So for those who love checklists, please go ahead and check off the first **6** on the checklist on the right, thank you!

TO DO LIST

Please check off the first **5** on the list:

- ☐ Get quotes from copy shops
- ☐ Visit local businesses
- ☐ Finish Spring newsletter
- ☐ Call U.S Copyright Office
- ☐ Finish coloring pages
- ☐ Write Bio
- ☐ Edit pages
- ☐ Purchase: ISBN#, Business License, and Copyright
- ☐ Create website, QR code, and business card
- ☐ Set up payment system
- ☐ Make copies for distribution
- ☐ Network with local businesses for sells
- ☐ Unexpected surprises!
- ☐ Add your item here

MAKING MESSES

Painting is such an interesting activity. Before you can paint there is so much prepping that has to be done, from moving furniture, patching holes, and my not so favorite TAPING. For this quarter, I decided this was going to be my art project. There seems to be a theme, that every time I complete a new art project, I learn something new. This time the lesson was more than I bargained for.

It started with this blob of blue paint. The moment I dropped the lid with fresh paint on the floor, I panicked. My reaction was one of guilt and “how could I have done such a mess. I should have known better.” My intense reaction surprised even me! So I stopped, took a breath and realized that this voice should no longer live in my head. I’m painting, of course it will be messy!



All of me wants to show you the final, edited, painted rooms. Instead, this is a picture of an imperfect paint job. I will embrace the imperfections that makes us human because those are beautiful as well.

So after doing much “prepping” in my life, I have come to realize that now it is my turn to explore, play, and make many messes. I think of all the choices I could have made but was not encouraged to do because I was too messy, or I needed to color inside the lines, figuratively and literally speaking. I have missed opportunities and am sad about what could have been. So after a few tears and mourning loss, I moved forward and fought those voices in my head of what I should be. Now I need to hear the voices that are encouraging, that tell me, be who I am created to be. Messes and all.

CUPCAKE MAKING

Why am I writing about baking cupcakes you may ask? In my coloring book, there will be a recipe for vanilla cupcakes. Before I publish it, my cousin suggested that we probably should try the recipe first. She is so smart!

I have to say the recipe worked and it was delicious. In the spirit of trying new art techniques, I decided to try piping cupcakes. This was really fun, messy, but fun. I learned about mixing colors and practiced my fine motor skills, which I've learned are very important for illustrating. I need a lot more practice with colors. I guess it is a good thing I am making a coloring book to practice in!



The design was influenced by my experience working in gardens. I worked as a groundskeeper at UCSB for 3 years and continue to volunteer at a garden. The best is breathing in the ocean breeze, being outdoors with people who love nature, and making the grounds look beautiful.

WHAT'S NEXT

In the next newsletter I want to be able to share that I have published the book and is making children smile and maybe even some adults. I have quite a few steps left and I have to remember to enjoy them. Many times I focus too much on the end result, rather than enjoying and learning from the process. So I cannot promise that I will be published, but I hope I can say that I have cherished the memories.

I have created this list for you to cut out and use. That saying, I hope you join me in taking moments to breathe and enjoy the little wonders of your day. Will you stop and smell the roses with me?



TO DO LIST

